

Hypnosis with Children and Teens Syllabus

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Instructor Information

Instructor

Kelley T. Woods, Ch.t.

Email

Kelley@woodshypnosis.com

Office Location & Hours

Washington State

General Information

Description

Master the techniques that work with children and teenagers. Opening your practice to younger clientele, who increasingly need our services, makes sense in today's stressful world. Not only will you discover how easy it is to work with kids, you will find that it brings positive benefits to you professionally and personally.

Expectations and Goals

At the conclusion of this course the professional will be able to:

- 1.) Do a complete induction with a child or teenager
- 2.) Use metaphor and storytelling as a part of suggestive therapy
- 3.) Teach children self-hypnosis techniques that empower them
- 4.) Build rapport with children
- 5.) Assess specific needs within your scope of practice

Course Materials

Required Materials

All material are included in this course. No additional materials are required

- Almost 5 hours of high quality video with Kelley T. Woods, Ch.t.
- Bonus video demonstration training with Dr. Richard K. Nongard of two inductions
- Transcripts of Dr. Nongard's induction sessions
- PDF eBook excerpts from both of Kelley T. Woods books
- Final Project and HPTI Certificate of Achievement

Optional Materials

Recommended books by Kelley T. Woods:

[*Integrative Hypnosis for Kids and Teens: Playing for Change*](#) by Woods and Tiers

[*Secrets of the River: Riding the Creative Wave in Pediatric Hypnosis*](#) by Woods and Welch

Required Text

Included book excerpts by Kelley T. Woods and PDF scripts provided by Dr. Richard Nongard

Course Schedule - Ten Hours of Time

Topic	Reading	Exercises
Required readings from Kelley T. Woods	PDF Document	
Scripts from Richard Nongard	PDF Document	
Core Video Presentations	Videos provided	
Induction Videos	Video Provided	

Final Project

Date	Subject
Within 30 days of enrolling in this course.	Your final project is to create a 1500 word essay outlining the key components of the video presentation, and specifically focus on your ability to relate to the material and integrate it into the work that you are doing or hope to do. Identify specific techniques that are of value to you and key concepts from this course. This essay is a personal reflection of the course content. It will be graded pass/fail by the instructor within 7 days. This is your only grade in this course and will be your final grade. HPTI students and those wishing a certificate of completion are required to submit this in a timely manor.

Additional Information and Resources

Forum for questions

Class forum for questions can be found at <https://hypnosisinstitute.org/hypnoticianswers/student-forum/hypnosis-with-children-and-teens/#post-5>